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Date _____

Name: _____

Age: _____

Occupation: _____

Primary care physician: _____

How would you like to be contacted with test results?

Home phone Cell phone OK to leave results No results on voice mail

Home phone: _____

Work phone: _____

Cell phone: _____

email: _____

1 List any concerns or problems you are currently experiencing:

2 List other physicians you have seen since your last visit:

3 List any surgeries, hospitalizations or illnesses since your last visit:

4 List your current medications including over-the-counter, herbal, vitamins & minerals:

Allergies to medications _____

Any other allergies _____

5 Family History Update

Are there any new significant illnesses or deaths in the family? Yes No

6 Social History

Married Single Widowed Divorced Separated

If married, how many years? _____

Quality of relationship: Good Okay Poor

Do you smoke? Yes No Second hand smoke exposure? Yes No

Alcohol: If you drink, how often? _____

Exercise: How often? _____

7 Review of systems (Check positive responses)

General: Weight change Weakness Fatigue Fever

Hot flashes Night sweats Insomnia

Skin: Rashes Change in a mole(s) Bruise easily Skin problems

HEENT: Dizziness Hearing loss Bloody noses Trouble swallowing

Sore throats Sinus-allergy problems Last dental visit _____ Last eye exam _____

Breast: Monthly self-breast exams New masses, tenderness Bra cup size _____

Cardiovascular: Palpitations Chest pain Edema or swelling

Respiratory: Cough Wheezing Shortness of breath

GI: Nausea Vomiting Diarrhea Constipation

Abdominal pain Blood in stool Hemorrhoids

Urinary: Frequency Urgency Burning Up at night to urinate Incontinence

Musculoskeletal: Joint pain Swelling Back pain Injuries

Neurological: Memory loss Numbness Headaches Migraines

Psychosocial: Depression Anxiety Moody Panic Attacks

Domestic Violence: Have you been kicked, hit, slapped or touched inappropriately or any other type of abuse at work or at home? Yes No

Blood Donation: Have you donated since your last annual exam? Yes No